

Saratoga County Prediabetes Coalition
Meeting Minutes: Dec. 27, 2016

1. Attendees: Amanda Duff, Saratoga County Public Health; Jen Ferriss, Southern Adirondack Library System; Lisa Hodgson, Saratoga Hospital; Diana Miller, Capital Region NP Consulting; Sandra Morton, MVP Health Care; Lori Pitcherale, Saratoga County Public Health; Jodi Tamburrino, Saratoga Hospital
2. Attendees signed in and introduced themselves.
3. The November meeting was recapped and notes were reviewed and approved as was project deadlines summary.
4. The Coalition is on track to meet the goals related to the "Nourish Your Neighbor" Initiative. Three local organizations, Cornell Cooperative Extension, Saratoga County Public Health and the Saratoga Stryders, did host healthy food drives in November/December. They submitted the pre and post surveys as recommended and photos of the events. More food drives are scheduled for next year. Great feedback was received about the sample shopping lists, a suggestion was made that maybe these could be included in the bags for food recipients.
5. Amanda Duff met with a contact for the Saratoga County RSVP recently. They have agreed to partner with the Coalition to promote "Nourish Your Neighbor" throughout the county. They are going to pick up promotional materials from Saratoga County Public Health and are seeking boxes that may be used to collect donations.
6. The need for a simple logo to identify the Coalition and its work was discussed. Members are encouraged to reach out to local contacts about ideas for logo design.
7. Materials about prediabetes that had been submitted for possible inclusion in patient education packets were informally reviewed by the group. It was decided to include the Diabetes Risk Test, some basic information about prediabetes, ways to prevent diabetes and a list of local resources.
8. The design of the folder content was discussed. Two different risk tests were reviewed for ease of use, layout and clarity after it was noted that they are difficult for people to figure out, particularly the scoring of height and weight. It was decided that one was better than the other and would need some tweaking to improve ease of reading. The NYS DOH Healthy Plate handout was recommended for inclusion as was information about prediabetes and diabetes prevention available through the National Diabetes Education Program. Additional resource information, including helpful phone applications, will be included on the Saratoga County Public Health website in the "Diabetes" section.
9. Saratoga County Public Health offered to print the materials in color and assemble the patient education folders for distribution by Coalition members.
10. The contents of the folders will be compiled and distributed to all Coalition members for feedback prior to final approval and printing.
11. It was decided to keep future meetings on the fourth Tuesday of each month since this day seems to work best for people.
12. Meeting adjourned at 1:10. **Next meeting: January 24 at 12:00 at 59D Myrtle Street, 2nd floor Conference room.**